## How do you sign up for comfort ONE/DNR?

Visit with your physician about your options for dealing with life-ending events related to your terminal illness. If the **comfort ONE/DNR** program fits your circumstances, complete the **comfort ONE/DNR** form along with your physician.

Enrollment also may be facilitated by:

- A local hospital Advanced Care Coordinator;
- A hospice organization;
- A home health agency; or
- An Area Agency on Aging.

### What is valid identification?

To withhold resuscitation, Emergency Medical Services (EMS) personnel must find:

- An intact, original comfort ONE/DNR form; or
- An intact comfort ONE/DNR bracelet or necklace on the patient; or
- A DNR order, in any form, written by the attending physician upon interfacility transfer; or
- A DNR order or identification device from a state other than Idaho.

### More information

For more information contact:

- Your personal physician;
- The State of Idaho EMS Bureau, P.O. Box 83720, Boise, ID 83720-0036, 208-334-4000; or
- Your local Area Agency on Aging:

Area 1 — Coeur d'Alene-North Idaho 208-667-3179 1-800-786-5536

Area 2 — Lewiston-North Central Idaho 208-743-5580 1-800-877-3206

Area 3 — Weiser-Southwestern Idaho 208-549-2411 1-800-849-0324

Area 4 — Twin Falls-South Central Idaho 208-736-2122 1-800-574-8656

Area 5 — Pocatello-Southeast Idaho 208-233-4032 1-800-526-8129

Area 6 — Idaho Falls-Eastern Idaho 208-522-5391 1-800-632-4813

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### What is comfort One/DNR?

This program gives terminally ill people who are not in the hospital an opportunity to limit their treatment in a medical emergency.



By enrolling in **comfort ONE/DNR** and displaying the proper identification, they will be given only support care in an emergency.

#### Other advance directives

**comfort ONE/DNR** should be part of your future medical care decision-making which also may include:

- A Living Will, and
- A durable Power of Attorney for Health Care.

## Who is eligible?

People who have been diagnosed with a terminal illness by their physician may enroll in this program.

They must have in their possession at all times either the original **comfort ONE/DNR** form — signed by themselves and their physician — or the **comfort ONE/DNR** bracelet or necklace.

# Who can honor a comfort ONE/DNR order?

This program applies only to Emergency Medical Service (EMS) personnel working with a licensed agency that provides care to out-of-hospital, terminally ill patients.

## What EMS providers WILL DO

### They will:

- Open the airway;
- Suction the airway;
- Administer oxygen;
- Position for comfort and provide emotional support;
- Provide emotional support to the family;
- Control bleeding;
- Administer pain medication within the scope or practice and local protocols; and
- Contact the patient's physician or on-line medical control if questions or problems arise.

## What EMS providers WILL NOT do

## They will not:

- Initiate CPR;
- Intubate;
- Provide ventilatory assistance;
- Initiate cardiac monitoring;
- Defibrillate; or
- Administer resuscitation medications.

# How can the comfort ONE/DNR order be revoked?

The order can be revoked by:

- The patient, legal surrogate, or the patient's attending physician, intentionally destroying the written form, or destroying or taking off the bracelet or necklace; or
- Verbally communicating the patient's intent to revoke the comfort ONE/DNR order.

Revocation becomes effective upon its communication to EMS personnel.

# How is a comfort ONE/DNR patient identified?

### They will have:

- A pre-numbered and signed comfort ONE/DNR form;
- A comfort ONE/DNR bracelet; or
- A comfort ONE/DNR necklace.



